Jazz, Funk & Hip Hop Class

MWR is proud to offer a Jazz, Funk & Hiphop class for ages 15 through Adult.

This class will incorporate the basics of jazz dance with the fun of hip hop and funk.

We will work on flexibility, coordination, cardio and all the latest steps.

Classes meet on Tuesday and Thursday from 7:30-8:45 p.m. in the aerobics room of the Dahlgren gymnasium beginning March 1.

For class fees and/or to register, please call the gym at 540-653-8580.

